

## DEFY 2014

### OUR MISSION

To provide commanders with a drug demand reduction program that facilitates and enhances family readiness to promote mission accomplishment. The program develops youths through drug education, leadership and character development, positive role model mentoring, and community outreach to enhance the quality of life of military personnel and their families.

### ADDITIONAL INFORMATION

Additional volunteer STAFF personnel are needed (officers, civilian and enlisted) who can be placed on no cost TAD orders for 2 weeks (26 JUL -8 AUG)

Staff must attend a MANDATORY training on 26 JUL from 0800-1700 at Naval Hospital.

Interested volunteers can pick up and return Youth & Staff Applications at USNH Yokosuka's Quarterdeck.

### FOR MORE INFORMATION, CONTACT DEFY COORDINATORS

HMC (SW/AW) Gracie      243-9346  
EMAIL: Elizabeth.gracie@med.navy.mil

HM1 (SW/AW) Harris      243-8808  
EMAIL: jason.harris4@med.navy.mil

\* The MANDATORY orientation for all PARENTS will be held on 21 JULY 14 at 1800 in the Hospital Auditorium

## DEFY STAFF

Local Program Coordinator  
Operations Coordinator  
Administrative Assistant  
Supply Coordinator  
Training Coordinator

Elizabeth Gracie  
Jason Harris  
James Ash  
Derrick Charles  
Morgan Jacobs

### DEADLINES:

STAFF Applications 20 JUN 14  
Youth Applications 15 JUN 14



# 2014

[www.defyyokosuka.org](http://www.defyyokosuka.org)

## WHAT IS DEFY?

Drug Education for Youth (DEFY) is a self-esteem building program that provides kids with the tools they need to resist drugs, gangs, and alcohol. Initially developed by the Drug Demand Reduction Task Force (DDRTF), DEFY is sponsored by the local command and restricted to youth ages 9-12 from military families. A 2-phase program, DEFY begins in the summer with either a five-day residential or an eight-day non-residential camp program. This challenging, fun-filled week in the summer is followed by a year of mentoring.

Most participants gain a great deal from the DEFY experience. They make lasting friendships and learn a lot about themselves. Upon graduation, kids are placed in youth organizations that help them to meet their goals.

DEFY focuses on building youngsters' self-image and setting goals. It stresses interpersonal relations, and emphasizes leadership and teamwork. Along the way it raises awareness of the harmful effects of alcohol and other drugs, as well as the dangerous effects of peer pressure to join gangs. The structured curriculum offers education, skill development and physical fitness. DEFY is all about creating positive experiences so that kids will choose healthy alternatives instead of substance abuse and gang involvement.

In essence, the DEFY program provides leadership to kids and thereby strengthens our military communities. Our motto is: Strong children.... Strong families.... for a Ready Future.

## WHO ARE THE MEMBERS OF THE DEFY STAFF?

The DEFY staff are all affiliated with the military in some respect. They are primarily active duty personnel, but also include reservists, DoD civilians, DoD spouses, and retired persons. They are all screened carefully and go through a background check.



## WHAT IS SPECIAL ABOUT DEFY?

Unlike most programs, DEFY combines elements from many different youth programs, including physical fitness, mini "Upward Bound" type training, educational trips, self-esteem and peer leadership development, decision-making, drug resistance, and a formal graduation. We believe this intensive Phase I approach is the most effective way to initially influence positive attitudes in youth. More importantly, DEFY offers a year-long follow-up to Phase I which emphasizes small group mentoring/role modeling and special events and workshops which continue to build on the lessons of Phase I. DEFY is also unique in that it utilizes existing Navy, Marine Corps and community facilities and resources.

## WHAT DOES IT COST THE PARENT/GUARDIAN?

There is no cost to the parent/guardian for their child to participate in any DEFY activities. Each child receives a youth workbook, three T-shirts, a ball cap, a backpack, and two meals and snacks per day. Children are required to wear tennis shoes because of physical activities.

